

BARRINGTON SENIOR CENTER

ENRICHMENT ~ ENHANCEMENT ~ ENLIGHTENMENT

Telephone 247-1926

AUGUST 2016

281 County Road
Barrington, RI 02806

Center Hours
9:00 AM - 4:00 PM
Monday - Friday

**SENIOR CENTER
STAFF**

Michele Geremia
Director

Mira Meyer-Oertel
Senior Services Coordinator

Ed Carusi
Outreach Services

Susan Duarte
Clerical

Rod Maturi
Kitchen Supervisor

Shirley Slusarski
Kitchen Staff

Larry Daglieri
Anthony Mederos
Transportation

Mona L. Kozel
Activity Club

CENTER CLOSED

MONDAY, AUGUST 8TH for VICTORY DAY

NEW MEMBERSHIP FEE

The new membership fee for the Barrington Senior Center will go into effect beginning October 1, 2016, as follows:

Barrington Resident Participants: No Annual Fee.

Out of Town Participants: \$12.00

The new membership fee structure applies to all persons participating in any of the programs offered at the Center- other than the lunch program, which is exempt. For the year 2016, the annual fee will be prorated to \$9.00, as we update our membership term to coincide with the town's fiscal year.

2016 Membership will run from October 1, 2016 to June 30th, 2017 (\$9.00)

2017 Membership and later: Membership will run from July 1st to June 30th.

Membership funds will be used to subsidize trips and entertainment at the Center. Membership enrollment will kick off with the membership party on Tuesday, September 27th with entertainment by Doug Botello, but will be available beginning September 1st. Please make checks payable to the Town of Barrington.

FLOWERS FOR EVERYONE

Friday, August 5th at 1:00 pm

Cost: \$16.00

"ANIMAL CRACKERS"

Please join us in a celebration of animals! Each participant will receive a handmade container featuring a favorite mammal, bird or amphibian. Using a variety of exotic plants, students will create thematic arrangements. Following this, we will enjoy animal poetry, music and of course, crackers! Don't miss this wild and wonderful program! Please call the Center at 247-1926 to register.

FITNESS ROOM IS OPEN 9:AM TO 4:00 PM

The very cheerful fitness room at the Center is equipped with a brand-new Octane 6000 fitness machine, two bicycles and two treadmills! Les Costa, a certified personal trainer, is available to work with you by appointment on Fridays at 9:30 am. Before using the fitness room, an orientation session with Les, a doctor's release and a waiver are required. Come and work out!

COMPUTER BASICS

Thursday, August 4th; Tuesday, August 9th and Thursday, August 11th
10:00 am to 11:30 am

Ben Hanley, Digital Services/Reference Librarian at Barrington Public Library, will be teaching Computer Basics in the beginning of August. Learn how to use a computer, internet and search engines, and email as well as tips on internet safety. Registration is required and space is limited to six people. Please register at the Library Reference Desk, or call 401-247-1920 ext. 2.

FREE HEARING SCREENING

Wednesday, August 24th, 9:30 am to 12:00 noon

The Beltone Hearing Center in Barrington will provide this service. Here are 10 warning signs of hearing loss:

People seem to mumble.

You experience ringing in your ears.

You often ask people to repeat themselves.

Your family complains that you play the radio or TV too loudly.

You no longer hear normal household sounds such as the dripping of a faucet.

You have difficulty understanding conversations when in a large crowd.

You hear, but have trouble understanding all the words in a conversation.

You find telephone conversations increasingly difficult.

You have trouble hearing when your back is turned to the speaker.

You have been told that you speak too loudly.

ACTIVITY CLUB TRIPS AND ACTIVITIES

\$7.00 per year membership for people 55+ (September to September)

Please note: It is important to sign up early for all trips as a sufficient number of people is needed.

Monday, August 15, 2016 - "SUMMER SOCIAL" at the Wharf Tavern at 12:00 noon

Monday, August 22, 2016 - FOXWOODS and BINGO

This is a day of games and fun beginning with Bingo at 10:00 am! Each trip participant will receive a gaming package worth \$20.00 towards food and gaming. Depart at 8:00am from the rear of Barrington Town Hall.

Wednesday, September 14, 2016 - CATHEDRAL OF THE PINES, OLD MILL RESTAURANT and SMITH'S CHEESE SHOP

Travel to New Hampshire and the Cathedral of the Pines, a National Memorial dedicated to the memory and honor of all who have served the nation. Here you will stroll the breathtaking grounds and explore the extraordinary sanctuary grounds. Then you'll travel over back roads to The Old Mill Restaurant in Westminster, Massachusetts, where you will enjoy a delicious, full course luncheon. After your scrumptious luncheon of Yankee Pot Roast, Baked Stuffed Chicken or Baked Stuffed Filet of Sole, you will visit Smith's Cheese Shop in Winchendon, Massachusetts, to experience the place where award-winning cheeses are produced and sold. Depart at 8:00 am from the rear of Barrington Town Hall and return about 5:30 pm after a relaxing day of great food and enjoying nature's creations.

Cost: \$75.00. Final payment due August 31st.

Monday, October 10, 2016 - QUABBIN FALL FOLIAGE

In New England, the maple sugar hues of red, orange and yellow signal the onset of fall and you will enjoy their beauty as you travel to West Brookfield's famous Salem Cross Inn. Here you will enjoy a delicious four course luncheon, featuring Salem Cross's famous Pot Roast or Maple Salmon entrée and a scrumptious dessert. After the luncheon, you will be joined by a native guide for a narrated tour of the spectacular Quabbin Reservoir. Later you will also visit Brookfield Orchards, where you will enjoy a free Apple Dumpling. After you stroll through their charming country store, you will make your way home after a delightful day experiencing nature's fall blessings. Depart at 8:30 am from the rear of Barrington Town Hall, returning about 5:30 pm.

Cost: \$75.00. Final Payment due September 26th.

SAVE THE DATE FOR ARM CHAIR TRAVEL!

Monday, September 19th at 1:00 pm

“TURKEY”

Turkey is a meeting point between Europe and Asia with spectacular geography, fascinating history and, unique in the Islamic world, a secular government. Susan and Peter Escherich, visited Turkey in April of 2012. Their PowerPoint show will introduce you to Istanbul with its enormous bazaars and famous mosques, including the Blue Mosque and Hagia Sophia; Cappadocia, an area of cave dwellings, where Christians lived underground to escape persecution; Antalya, on the fertile southern coast and Ephesus, a huge city where the apostle Paul lived for three years. The trip also included several days on a gulet, a Turkish motor-sailing boat and a balloon ride over the weird Cappadocian landscape.

The Arm Chair Travel series is presented in collaboration with the Barrington Community School and takes place here at the Center, where refreshments will be served at each lecture. Please register in advance with the Center or the Community School. Cost: \$5.00

BENEFIT REP

Every Tuesday at 1:00 pm

Please note that going forward Janet Holmes will be at the Center on Tuesday afternoons. Janet is a state-certified SHIP counselor and is available to provide assistance to anyone entering or already within the Medicare system. Please call the Center at 247-1926 to make an appointment.

NOTARY PUBLIC

Tuesday to Friday from 9:00 am - 12:30 pm

A notary public is now available at the Senior Center. Please feel free to bring any documents that need to be notarized and avail yourself of this service.

TOWN OF BARRINGTON

Senior Center
281 County Road
Barrington, Rhode Island 02806

<p>Presorted STD U.S. POSTAGE PAID Barrington, R.I.</p>
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